



Trip Details on Trip #136: Discover The Park

Class Rating:

Mild Class II - III

[Click Here to See a Rapid Rating Chart](#)


Action Packed Class III - IV


Offered:

June - August

Boat:

14' or 16' rafts, and 1 or 2 person inflatable kayaks (duckies)

[Click Here to See a Chart With All the Boats](#)

Minimum Age*:

6 years old for rafts

10 years old to paddle a ducky

*For your safety, ACE reserves the right to change age requirement if unusual water levels occur.

Put-In	Take-Out	Lunch Spot	Lunch Option**	Miles	Total Hours	Rapids	Rating
Fayette Station	Hawk's Nest	River Side	Deli	1.5	7 - 7.5	2 to 5 (Depending on water level)	II - IV

* Cubic Feet Per Second.

** See next section for a description of each lunch option.


[New River Map](#)
[Current Water Levels](#)
[Current Weather](#)
Lunch:

May be turkey, ham, cheeses and all the fixings for sandwiches. Will have PB&J, assorted salads (pasta, seafood, and potato), baked beans, chips & salsa, veggies & dip, hummus, trail mix, fresh fruit, cookies & desserts. Drinks may include water and lemonade.

The Season:

Different seasons provide very diverse river experiences as the dynamics of the river and the rapids themselves are transformed. Spring rafting is a thrill ride with typically higher water levels, making the waves, holes and rapids even more powerful. March - May offers the biggest whitewater of the season, while summer months offer fun, excitement and warmer temperatures. Great whitewater remains a constant in September and October as fall is fabulous in the New River Gorge.

Trip Format:

First thing, we will run the rapids at Fayette Station under the famous New River Gorge bridge. After that excitement, the trip floats into Hawk's nest lake where can try out the "Super" Jump rock, join in water games, enjoy the rope swing and swimming. After the water fun, we will ascend the tram to Hawk's Nest State Park, when you can depart for a hike or a drive to area attractions. Lunch is included.

What to Wear and Bring:

Spring

Pile, wool, or acrylic sweater
Wool or rubber gloves, si cap
Nylon windbreaker
NO COTTON!
Towel, dry set of clothes (for after the trip)
Money for souvenirs

Wetsuits and neoprene booties are strongly recommended for spring New River trips. Wetsuits are available for rent at ACE.



[Click Here to See a Chart of River Temperatures, Average Hi/Lows, and River Conditions](#)

Summer

Swimsuit, t-shirt, ball cap
Old sneakers or river shoes
Sunscreen, glasses strap
Light nylon windbreaker
Towel, dry set of clothes (for after the trip)

What to Expect Trip Itinerary:

- Arrive at ACE, check-in with your Trip Leader and fill out release forms (anyone under 17 years old must bring a waiver signed by both parents [Click Here to Download](#)).
- Change into your river wear, a guide will issue a PFD (personal floatation device) and helmet, then load up and head for the river.
- Approximate 30 minute bus ride to put-in depending on water levels.
- On route or at put-in, your trip leader and guide deliver a safety talk covering the fundamentals of rafting and proper use of river equipment, and precautions.
- At the put-in the trip leader will then make the guide/guest assignments. There will be a guide in every raft. The guests and guides then go through their introductions. Each guide will then take over with more specific details for the group. Basic strokes, paddling techniques, and guide commands are demonstrated and practiced by the group before heading down river. Guests riding in duckies will be taught how to paddle and maneuver the duck.
- Enjoy easy rapids that lead to a lake with water games, activities, and a jump rock.
- Ride the tram to Hawk's Nest State Park where you can enjoy our deli-style lunch and change clothes to get ready for a hike or short drive to local attractions.
- Shuttle back to ACE while enjoying a complimentary beverage. Approximate 30 minute bus ride back to ACE.
- Back at ACE enjoy a hot shower, shop at our Outfitter's Store, check out our various lake & resort amenities, and dine at our Lakeside Dining Hall or the Lost Paddle Lounge - all located at ACE's 1400 acre Adventure Center.

Tips for Group Organizer:

[Click Here to Download a Group Organizer Kit](#)

(This is a large file!)

- Plan Ahead
 - Get your group together EARLY! Spread the word and schedule a planning/preliminary meeting
 - Do your homework. Be familiar with the trips, lodging, and meal options
 - Call to check availability of any trips and lodging you are considering
 - Become familiar with our reservation/cancellation policies and age/height limits
 - Direct participants to the printed material, our web site at www.AceRaft.com or give us a call at 800-SURF-WVA (787-3982).
- Make a Group Plan
 - Decide what trip and time is right for your group
 - Decide on lodging options
 - Decide on meal options
 - Get a head count of all participants - Use the Trip Planner (in the group

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